**The Secret to Happiness**

By Ms. Brown (Two Voice Poem)

Happiness is a cold morning and a hot cup of tea, warmth in each fingertip.

*Happiness is mixing and kneading the daily bread with my family.*

Happiness? The wind behind me on my bicycle, blowing me through Portland.

*Happiness? The cracked love song, a ceramic vase, from my husband Kha.*

Happiness - music loud, boogie down, soup cooking with Sam.

*Happiness - dancing all night with the village, a celebration of our harvest.*

What’s the secret? Pay attention each day to the smiles all around me. I see them everywhere, if I choose to look.

*What’s the secret? Feel the hot desert air, find the green and our family’s feast. Honor the Gods and our ancestors long gone.*

**Another way to format…**

Happiness is a cold morning and a hot cup of tea, warmth in each fingertip.

Happiness is my kneading the daily bread with my family.

Happiness? The wind behind me on my bike, blowing me through Portland.

Happiness? The cracked love song, a ceramic vase, from my husband Kha.

Happiness - music loud, boogie down, soup cooking with Sam.

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What’s the secret? Pay attention each day to the smiles all around me. I see them everywhere, if I choose to look.

What’s the secret? Feel the hot desert air, find the green and our family’s feast. Honor the Gods and our ancestors long gone.

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***TWO VOICE POEM ASSIGNMENT***

* Two Voices: Yours and the Buddha’s
* Fill out the graphic organizer first, then write.
* Feel free to use either format in my example, use the pattern of the stanzas, or create your own from scratch!

**CHECKLIST FOR ASSESSMENT:**

* Student successfully incorporates key ideas from Buddhism (5 points)
  + The Four Noble Truths
  + The Eightfold Path
* Student uses descriptive words and images to depict the Buddha’s life and ideas about happiness (3 points)
* Student describes their own interpretation of happiness (5 points)
* Poem is proofread, error free, and the student’s best effort (2 points)

\*You may type or handwrite your poem - whatever works best for you. We will NOT have any class time for typing.

**15 POINTS POSSIBLE**

**DUE DATE: Friday, April 21**